

# Travel update

Tourists from anywhere in the world will be allowed to visit Costa Rica.

Visitors will need to purchase travel insurance in order to enter Costa Rica.

Here are the requirements to fly into Costa Rica on a commercial flight as a tourist:

- Fill out the electronic epidemiological HEALTH PASS form, available at <https://salud.go.cr>. This should be completed in the 48 hours before arrival in Costa Rica.
- Purchase Traveler's Medical Insurance: International or purchased through the [National Insurance Institute \(INS\)](#) or [Sagikor of Costa Rica](#), covering the duration of your stay in Costa Rica.

**The INS and Sagikor policies are pre-approved** and guaranteed to be accepted by Costa Rican authorities.

For international insurance policies, tourists must request a certificate from their insurance company, issued in English or Spanish, verifying the following three conditions:

- Effectiveness of the policy during the visit to Costa Rica.
- Guaranteed coverage of medical expenses in the event of becoming ill with COVID-19 while in Costa Rica for at least \$50,000 (U.S. dollars).
- Includes minimum coverage of \$2,000 for lodging expenses issued as a result of the pandemic.

Passengers who fail to comply with these requirements may not enter the country.

The changes announced Friday October 16th apply only to Costa Rica's air borders; the land borders with Panama and Nicaragua remain closed.

## Once you are inside the Country

Upon landing in Costa Rican territory, travelers must wear face protection and comply with the protocols of the air terminal with regard to physical distancing, disinfection of carpets, and taking temperature readings, and must follow any other sanitary instructions.

The Costa Rica Tourism Board (ICT) has an English-language website detailing these entry requirements: [Costa Rica Tourism Board Site](#).

You don't need to use your mask while in the car unless you are using public transportation or a shuttle. You are expected to wear a mask while going inside the stores. It is optional to wear the mask while in open air areas.

Some countries mandates that all air get tested for the coronavirus within three days of their flight.

Getting tested here is really easy, here you can find the three different options close to our area to get tested. Results are delivered by email all within the 72 hours required.

- Laboratorio Clinico Villareal, you have to make an appointment by calling them at 2653-4141. The cost of the test is around \$120.
- BeachSide Clinic in Huacas, you must fill out a form at [www.mipruebacovid.com](http://www.mipruebacovid.com), with the code the form gives you you need to call 2653-6760.
- Hospital Metropolitano, in Huacas. To make an appointment call 4000-3822 or WhatsApp message +506 8465 7484 or email: [cabovelas@metropolitancr.com](mailto:cabovelas@metropolitancr.com)  
The test is \$120.

### Employee Emergency Fund (EEF):

We are writing to you today to ask for help, not for ourselves, but for our employees. Due to COVID-19, we are closed for the foreseeable future, possibly longer. Costa Rica has closed its borders and shut down tourism and travel. We have been forced to furlough our employees and this has created great hardships for them. We have created and Employee Emergency Fund (EEF) to help them through these difficult times but need your help too.

If you are so inclined and able, any contribution to the EEF would be greatly appreciated. Any amount over \$100 will receive a dinner for 2 at the Guacamaya, when we reopen.

100% of the funds will go to the furloughed employees. PayPal transfer information is below.

Warmest regards to you and your families,

Alice and Berni Iten